Physical Therapy

Physical therapy is the science of human movement applied to rehabilitation, injury, fitness, injury prevention and overall health. Practicing in a variety of settings, physical therapists diagnose and treat movement dysfunction in patients with skill, competence and compassion. The Program in Physical Therapy is committed to providing students with excellent scientific and clinical education in an environment that strives to continually lead the industry in practice, research, innovation and advocacy of movement health.

The Program in Physical Therapy at the School of Medicine offers two formal curricula that collectively foster opportunities for lifelong learning and comprehensive career development.

The Human Movement System Approach

The Program in Physical Therapy has pioneered a unique, movement-based approach to physical therapy. The human movement system is at the core of our approach to physical therapy education, research and patient care.

At the core of our approach to physical therapy is the human movement system, which consists of physiological organ systems that interact to produce and support movement of the body and its parts. Movement science is the study of the movement system, and we believe physical therapists are the world's movement system experts.

Our program has pioneered the development of movement-focused physical therapy education, research and treatment (https://outlook.wustl.edu/movement-redefined). The human movement system continues to be our foundation for treating patients, conducting research, and training the next generation of leaders in physical therapy. Our vision is aligned with the vision of the American Physical Therapy Association (APTA) (http://www.apta.org), which is to "transform society by optimizing movement to improve the human experience."

Additional Information

Further information, including complete admissions instructions and program descriptions, may be obtained by direct correspondence with the Program in Physical Therapy:

Program in Physical Therapy
Washington University School of Medicine
4444 Forest Park Avenue, CB 8502
St. Louis, MO 63108-2212
Fax: 314-286-1410

Email: ptadmissions@wustl.edu
Website: https://pt.wustl.edu

Degrees & Requirements

Professional Doctor of Physical Therapy (DPT)

The professional curriculum is an intensive three-year experience leading to the Doctor of Physical Therapy degree. The principle focus of this professional training is to develop scientific and clinical expertise in the diagnosis and treatment of movement-related conditions. By integrating biomedical and physical sciences and clinical education with behavioral and social sciences, the DPT curriculum (PDF) (http://bulletin.wustl.edu/medicine/departments/physical-therapy/DPT_Curriculum_2016.pdf) provides students with the scientific expertise, critical thinking skills and interpersonal communication necessary for effective clinical practice, comprehensive treatment design, patient advocacy, patient education and health promotion.

Applicants for admission must have 1) completed a bachelor’s degree at an accredited institution, and 2) prerequisite courses in biology, chemistry, physics, anatomy, physiology, psychology and statistics, and 3) a minimum science, math/science, and core prerequisites GPA of 3.0, and 4) completed the Graduate Record Examination.


DPT Curriculum

Year One, Fall

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PhysTher 601</td>
<td>Diagnosis and Evidence Analysis in PT Practice I</td>
<td>2</td>
</tr>
<tr>
<td>PhysTher 602</td>
<td>Professional Issues and Skills I</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 603</td>
<td>Essential Clinical Skills I</td>
<td>4</td>
</tr>
<tr>
<td>PhysTher 604</td>
<td>Cells, Systems and Disease I</td>
<td>4</td>
</tr>
<tr>
<td>PhysTher 605</td>
<td>Neuroscience</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 606</td>
<td>Kinesiology I</td>
<td>3</td>
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<tr>
<td>Early Clinical Experience</td>
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Year One, Spring

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>PhysTher 610</td>
<td>Cells, Systems and Disease II</td>
<td>4</td>
</tr>
<tr>
<td>PhysTher 611</td>
<td>Human Anatomy</td>
<td>5</td>
</tr>
<tr>
<td>PhysTher 612</td>
<td>Diagnosis and Evidence Analysis in PT Practice II</td>
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</tr>
<tr>
<td>PhysTher 613</td>
<td>Kinesiology II</td>
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<tr>
<td>PhysTher 614</td>
<td>Diagnosis and Management of Musculoskeletal Conditions in PT I</td>
<td>3</td>
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</table>
Physical Therapy (08/07/18)

**PhysTher 615**  
Professional Issues and Skills Development II

### Early Clinical Experience

#### Year One, Summer

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>PhysTher 691/PhysTher 691A</td>
<td>Clinical Experience I</td>
<td>4</td>
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(8-week, full-time internship)

#### Year Two, Fall

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
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<tbody>
<tr>
<td>PhysTher 621</td>
<td>Exercise Physiology</td>
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</tr>
<tr>
<td>PhysTher 622</td>
<td>Diagnosis and Management of Cardiopulmonary Conditions in PT</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 623</td>
<td>Orthopaedic Medicine</td>
<td>2</td>
</tr>
<tr>
<td>PhysTher 624</td>
<td>Diagnosis and Management of Musculoskeletal Conditions in PT II</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 625</td>
<td>Neurology Medicine</td>
<td>2</td>
</tr>
<tr>
<td>PhysTher 627</td>
<td>Essential Clinical Skills II</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 628</td>
<td>Case Integration Lab I</td>
<td>1</td>
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<tr>
<td>PhysTher 629</td>
<td>Diagnosis and Management of Neuromuscular Conditions in PT I</td>
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#### Year Two, Winter

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>PhysTher 692/PhysTher 692A</td>
<td>Clinical Experience II</td>
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(8-week, full-time internship)

#### Year Two, Spring

<table>
<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>PhysTher 626</td>
<td>Moderators of Health, Wellness and Rehabilitation</td>
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<tr>
<td>PhysTher 635</td>
<td>Professional Issues and Skill Development III</td>
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<td>PhysTher 636</td>
<td>Diagnosis and Management of General Medical Conditions in PT</td>
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<tr>
<td>PhysTher 638</td>
<td>Diagnosis and Management of Musculoskeletal Conditions in PT III</td>
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<tr>
<td>PhysTher 642</td>
<td>Case Integration Lab II</td>
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<tr>
<td>PhysTher 643</td>
<td>Diagnosis and Management of Neuromuscular Conditions in PT II</td>
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#### Year Three, Summer

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<th>Code</th>
<th>Title</th>
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</thead>
<tbody>
<tr>
<td>PhysTher 693/PhysTher 693A</td>
<td>Clinical Experience III</td>
<td>5</td>
</tr>
</tbody>
</table>

(10-week, full-time internship)

### Year Three, Fall

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PhysTher 694/PhysTher 694A</td>
<td>Clinical Experience IV</td>
<td>6</td>
</tr>
</tbody>
</table>

(12-week, full-time internship)

### Year Three, Spring

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PhysTher 650</td>
<td>Diagnosis and Evidence Analysis in PT Practice III</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 651</td>
<td>Organizational and Management Issues</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 652</td>
<td>Alternative Settings and Practice Environments</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 653</td>
<td>Health Fitness and Prevention</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 654</td>
<td>Case Integration Lab III</td>
<td>3</td>
</tr>
<tr>
<td>PhysTher 655</td>
<td>Professional Issues and Skill Development IV</td>
<td>4</td>
</tr>
</tbody>
</table>

Focused Clinical Study (30 hours)

**Doctor of Philosophy (PhD) in Movement Science**

The focus of the interdisciplinary doctoral program in movement science is to prepare future researchers and faculty members who can enhance the profession of physical therapy. Admission to this curriculum requires acceptable scores on the Graduate Record Examination, excellence in previous academic work, and demonstrated beginning abilities in posing questions of importance to the study of movement.

The faculty members of the Program in Physical Therapy are committed to being leaders in discovering and transmitting new knowledge related to movement dysfunction, preparing clinicians to assume multiple roles in a complex health care environment, and fulfilling the service mission to society through active participation in humanistic, scientifically based patient care. Students in all curricula are expected to participate actively in an environment that values integrity, initiative, creativity and the strong belief that physical therapy intervention promotes health. In these ways, all individuals associated with the Program in Physical Therapy may achieve their highest professional and personal potential.

Visit our website or more information regarding application and admissions (https://pt.wustl.edu/education/phd-in-movement-science/application-admissions).

For more information about the PhD in Movement Science (http://bulletin.wustl.edu/grad/gsas/movesci), please visit the Graduate School Bulletin.
Research

The mission of the Research Division is to understand how the movement system (https://pt.wustl.edu/about-us) is affected by disease, injury, lifestyle, development and aging, and to understand how movement can be used to promote health by enhancing physical function, activity and participation across the lifespan.

Our interdisciplinary scientific endeavors include mechanistic and translational investigations at all levels of organization from the cell to society. Our research (https://pt.wustl.edu/research/our-research-areas) is supported by millions of dollars in federal, private foundation, and university funding. We pursue knowledge in a collaborative work environment within the Movement Science Research Center (https://pt.wustl.edu/research/movement-science-research-center).

Our doctoral and postdoctoral Research Training Programs (https://pt.wustl.edu/research/research-training-programs) prepare students for careers at the forefront of physical therapy and movement science research.

Our Research Areas

<table>
<thead>
<tr>
<th>Research Area</th>
<th>Faculty Investigators</th>
</tr>
</thead>
<tbody>
<tr>
<td>Foot &amp; Ankle Injury &amp; Recovery</td>
<td>Mary K. Hastings, PT, DPT, MSCI, ATC</td>
</tr>
<tr>
<td>Hardware &amp; Software Design for Rehabilitation Research</td>
<td>Joseph W. Klaesner, PhD</td>
</tr>
<tr>
<td>Integrative Muscle Physiology</td>
<td>Gretchen A. Meyer, PhD</td>
</tr>
<tr>
<td>Metabolism &amp; Organ Function in Metabolic Disease</td>
<td>W. Todd Cade, PT, PhD</td>
</tr>
<tr>
<td>Movement &amp; Musculoskeletal Problems in Diabetes</td>
<td>Michael J. Mueller, PT, PhD, FAPTA</td>
</tr>
<tr>
<td>Movement &amp; Neuropathological Disease</td>
<td>Gammon M. Earhart, PT, PhD</td>
</tr>
<tr>
<td>Movement &amp; Neuropathological Disease</td>
<td>Ryan P. Duncan, PT, DPT</td>
</tr>
<tr>
<td>Nutrition &amp; Exercise</td>
<td>Diana C. Parra Perez, MPH, PhD</td>
</tr>
<tr>
<td>Physical Activity &amp; Fitness</td>
<td>B. Ruth Clark, PT, PhD</td>
</tr>
<tr>
<td>Physical Activity &amp; Fitness</td>
<td>Susan B. Racette, PhD</td>
</tr>
<tr>
<td>Prevention, Rehabilitation &amp; Maintenance in Musculoskeletal Conditions</td>
<td>Linda Van Dillen, PT, PhD, FAPTA</td>
</tr>
<tr>
<td>Rehabilitation Research for Orthopaedic Conditions</td>
<td>Marcie Harris-Hayes, PT, DPT, MSCI</td>
</tr>
<tr>
<td>Stroke Recovery &amp; Rehabilitation Accelerometry</td>
<td>Catherine Lang, PT, PhD</td>
</tr>
<tr>
<td>Stroke Recovery &amp; Rehabilitation Accelerometry</td>
<td>Marg heureta D. Bland, PT, DPT, NCS</td>
</tr>
<tr>
<td>Whole Body &amp; Joint-Level Orthopaedic Biomechanics</td>
<td>Michael D. Harris, PhD</td>
</tr>
</tbody>
</table>

Movement Science Research Center

The Movement Science Research Center is approximately 13,000 square feet of newly renovated space that provides a collaborative environment for faculty, PhD students, and postdoctoral fellows to conduct rehabilitation research.

The facility includes numerous private rooms for clinical interventions and state-of-the-art equipment.

<table>
<thead>
<tr>
<th>Equipment List</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accelerometer activity monitors</td>
</tr>
<tr>
<td>Balance platform</td>
</tr>
<tr>
<td>Biological sample processing equipment</td>
</tr>
<tr>
<td>Cell culture suite</td>
</tr>
<tr>
<td>Dynamometers</td>
</tr>
<tr>
<td>Electromyography</td>
</tr>
<tr>
<td>Eye tracking</td>
</tr>
<tr>
<td>Force platforms</td>
</tr>
<tr>
<td>Function generators</td>
</tr>
<tr>
<td>GAITRite instrumented walkway</td>
</tr>
<tr>
<td>Gene and protein quantification</td>
</tr>
<tr>
<td>Histology</td>
</tr>
<tr>
<td>Motion capture</td>
</tr>
<tr>
<td>Muscle physiology testing equipment</td>
</tr>
<tr>
<td>Oscilloscopes</td>
</tr>
<tr>
<td>Rotating treadmill</td>
</tr>
<tr>
<td>Simulated spaces for functional activities</td>
</tr>
<tr>
<td>Split-belt treadmill</td>
</tr>
<tr>
<td>Treadmills</td>
</tr>
<tr>
<td>Wheel mill system</td>
</tr>
</tbody>
</table>

Research Training Programs

We offer physical therapy research training programs designed to prepare students at the doctoral and postdoctoral levels for careers in groundbreaking physical therapy research.

PhD in Movement Science

Under the Movement Science Program, students work on the research topics that interest them while completing course work that prepares them for their research careers. The Movement Science Program encourages collaboration with other departments within the School of Medicine.

Visit our website for more information about our Movement Science Program (https://pt.wustl.edu/education/phd-in-movement-science).

Postdoctoral Fellowship in Movement Science

Our Postdoctoral Fellowship in Movement Science offers an opportunity to develop and complete research projects related to movement science and rehabilitation. Fellows are encouraged to collaborate with other faculty and programs in the School of Medicine.
Visit our website for more information about our Postdoctoral Fellowship (https://pt.wustl.edu/education/postdoctoral-fellowship-in-movement-science).

**Faculty**

**Division Director of Education**
Jennifer Stith, PT, PhD, LCSW

**Division Director of Research**
Linda Van Dillen, PT, PhD, FAPT

**Division Director of Clinical Practice**
Beth Crowder, PT, DPT, NCS, MPPA

Visit our website for more information about our faculty (https://pt.wustl.edu/faculty-staff/faculty) and their appointments.

**A**

Steven B Ambler, M PH, DPT, PHD  
Associate Professor of Physical Therapy (primary appointment)  
Associate Director of Professional Curriculum in Physical Therapy  
Associate Professor of Orthopaedic Surgery  
BS University of Illinois 2002  
M PH University of South Florida 2014  
DPT Washington Univ in St. Louis 2005  
PHD University of South Florida 2016

**B**

Amy J Bastian, PHD  
Adjunct Assistant Professor of Physical Therapy (primary appointment)  
PHD Washington Univ in St. Louis 1995  
BS University of Oklahoma 1990

Margheureta Dakota Bland, DPT, MS  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Neurology  
BS Canisius College 2004  
DPT Washington Univ in St. Louis 2008  
MS Washington Univ in St. Louis 2008

Marybeth Brown, PHD, MA  
Adjunct Associate Professor of Physical Therapy (primary appointment)  
PHD University of Southern Calif 1984  
MA University of Southern Calif 1974  
BS Russell Sage College 1967

Tamara Lavon Burlis, MHS, DPT  
Professor of Physical Therapy (primary appointment)  
Assistant Director of Professional Curriculum in Physical Therapy  
Associate Director for Clinical Education in Physical Therapy

**C**

William Todd Cade, MS, PHD  
Professor of Physical Therapy (primary appointment)  
Associate Director of Postdoctoral Fellowships in Physical Therapy  
Professor of Medicine  
BS University of Miami 1994  
MS University of Maryland 1991  
PHD University of Maryland 2002

Cheryl Ann Caldwell, MHS, DPT  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Orthopaedic Surgery  
BS University of Colorado Boulder 1976  
MHS Washington Univ in St. Louis 1988  
DPT Washington Univ in St. Louis 2002

Billie Ruth Clark, PHD  
Professor of Physical Therapy (primary appointment)  
Professor of Neurology  
PHD Saint Louis University 1988  
BS Saint Louis University 1974

Suzanne Marie Cornbleet, MA, DPT  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Orthopaedic Surgery  
MA Washington Univ in St. Louis 1987  
BS University of Colorado Boulder 1975  
DPT Washington Univ in St. Louis 2003

Beth Elaine Crowner, M PP, DPT, BS PT, MS  
Professor of Physical Therapy (primary appointment)  
Division Director of Clinical Practice in Physical Therapy  
Professor of Neurology  
M PP University of MO St Louis 1997  
DPT Washington Univ in St. Louis 2007  
BS PT Washington Univ in St. Louis 1989  
MS Washington Univ in St. Louis 1989

Sylvia Lin Czuppon, DPT, MS  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Orthopaedic Surgery  
BA Washington Univ in St. Louis 2000  
DPT Washington Univ in St. Louis 2011  
MS Washington Univ in St. Louis 2002

**D**

Ryan Michael DeGeeter, DPT  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Orthopaedic Surgery  
DPT Washington Univ in St. Louis 2010
Ryan Patrick Duncan, MS, DPT  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Neurology  
BS Maryville University 2007  
MS Maryville University 2008  
DPT Washington Univ in St. Louis 2012

Gammon Marie Earhart, PHD, MS  
Professor of Physical Therapy (primary appointment)  
Executive Director of the Program in Physical Therapy  
Professor of Neurology  
Professor of Neuroscience  
PHD Washington Univ in St. Louis 2000  
MS Beaver College 1996  
BS Beaver College 1994

Michael Dennison Harris, PHD  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Mechanical Engineering and Materials Science (Title of Standing)  
Assistant Professor of Orthopaedic Surgery  
BS University of Utah 2007  
PHD University of Utah 2013

Mary Kent Hastings, DPT, MS  
Professor of Physical Therapy (primary appointment)  
Professor of Orthopaedic Surgery  
BS University of Illinois 1990  
DPT Washington Univ in St. Louis 2002  
MS Washington Univ in St. Louis 1993

Marcie Harris Hayes, MS, DPT  
Professor of Physical Therapy (primary appointment)  
Professor of Orthopaedic Surgery  
BS Southwest Missouri St Universi 1994  
MS Northwestern University 1996  
DPT Washington Univ in St. Louis 2003

Carey Lane Holleran, PHD, MS  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Neurology  
BS Duquesne University 2003  
PHD University of Indianapolis 2014  
MS Duquesne University 2004

Gregory William Holtzman, DPT, MS  
Associate Professor of Physical Therapy (primary appointment)  
Associate Director of Clinical Practice in Physical Therapy  
Associate Professor of Orthopaedic Surgery  
DPT Washington Univ in St. Louis 2007  
BA Emory University 1995  
MS Washington Univ in St. Louis 2001

Renee A. Ivens, MHS, DPT  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Orthopaedic Surgery  
BS Maryville University 1984  
MHS Washington Univ in St. Louis 1996  
DPT Washington Univ in St. Louis 2006

Lynnette C Khoo-Summers, MS, DPT  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Orthopaedic Surgery  
MS Washington Univ in St. Louis 1998  
DPT Washington Univ in St. Louis 2008  
BA Colorado St University 1990

Joseph W. Klaesner, BS1, MS, PHD  
Professor of Physical Therapy (primary appointment)  
Professor of Radiology  
BS Marquette University 1987  
BS1 Marquette University 1987  
MS Vanderbilt University 1993  
PHD Vanderbilt University 1995

Catherine Eckels Lang, MS, PHD  
Professor of Physical Therapy (primary appointment)  
Associate Director of Movement Science PhD Program in Physical Therapy  
Professor of Neurology  
Professor of Occupational Therapy  
BS University of Vermont 1993  
MS University of Vermont 1997  
PHD Washington Univ in St. Louis 2001

Vanessa Mae Lanier, DPT  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Orthopaedic Surgery  
BS Washington Univ in St. Louis 2007  
DPT Washington Univ in St. Louis 2012

Mary Kate McDonnell, MHS, DPT  
Associate Professor of Physical Therapy (primary appointment)  
Associate Director of Residencies and Fellowships in Physical Therapy  
Associate Professor of Orthopaedic Surgery  
BS Saint Louis University 1981  
MHS Washington Univ in St. Louis 1985  
DPT Washington Univ in St. Louis 2003

Patricia Navarro McGee, DPT  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Orthopaedic Surgery  
BA Washington Univ in St. Louis 2001
Gretchen Ann Meyer, MS, PHD  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Neurology  
Assistant Professor of Orthopaedic Surgery  
MS Washington Univ in St. Louis 2004  
BS Washington Univ in St. Louis 2004  
PHD University of CA San Diego 2011  

Jennifer Alaine Miller-Katsafanas, DPT, BBA, DPT  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Obstetrics and Gynecology  
DPT Washington Univ in St. Louis 2012  
BBA University of MO St Louis 1996  
DPT Washington Univ in St. Louis 2012  
BA University of MO St Louis 1996  
BA University of MO St Louis 1996  

Michael Jeffrey Mueller, PHD, MHS  
Professor of Physical Therapy (primary appointment)  
Professor of Radiology  
PHD Washington Univ in St. Louis 1992  
BS Washington Univ in St. Louis 1984  
MHS Washington Univ in St. Louis 1984  

Barbara Jean Norton, PhD, MHS  
Professor of Physical Therapy (primary appointment)  
Associate Director for Education Technology in Physical Therapy  
Professor of Neurology  
PHD Washington Univ in St. Louis 1996  
BS Washington Univ in St. Louis 1966  
MHS Washington Univ in St. Louis 1985  

Diana C. Parra Perez, PhD, MS  
Assistant Professor of Physical Therapy (primary appointment)  
Assistant Professor of Surgery (Prevention and Control)  
PHD Washington Univ in St. Louis 2013  
MS Saint Louis University 2008  
BA Universidad del Rosario 2001  

Susan B. Racette, PHD  
Professor of Physical Therapy (primary appointment)  
Professor of Medicine  
PHD University of Chicago 1994  
BS Bucknell University 1988  

Shirley Ann Sahrmann, MA, PHD  
Professor Emeritus of Physical Therapy (primary appointment)  
BS Washington Univ in St. Louis 1958  
MA Washington Univ in St. Louis 1971  

Nancy Bloom Smith, DPT, MS  
Professor of Physical Therapy (primary appointment)  
Professor of Orthopaedic Surgery  
DPT Washington Univ in St. Louis 2002  
BS Washington Univ in St. Louis 1984  
BA University of Virginia 1976  
MS Washington Univ in St. Louis 1979  

Theresa M Spitznagle, MHS, DPT  
Professor of Physical Therapy (primary appointment)  
Professor of Obstetrics and Gynecology  
MHS Washington Univ in St. Louis 1994  
BS Marquette University 1986  
DPT Washington Univ in St. Louis 2006  

Jennifer S Stith, MS, MSW, PHD  
Professor of Physical Therapy (primary appointment)  
Division Director for Education in Physical Therapy  
Professor of Neurology  
MS University of Southern Calif 1979  
BS University of California 1976  
MSW Washington Univ in St. Louis 2006  
PHD Washington Univ in St. Louis 1994  

Stacy Lynne Tylka, DPT, MS  
Associate Professor of Physical Therapy (primary appointment)  
Associate Professor of Obstetrics and Gynecology  
Associate Professor of Orthopaedic Surgery  
DPT Washington Univ in St. Louis 2009  
BS Saint Louis University 2000  
MS Saint Louis University 2002  

Linda R Van Dillen, PHD, MS  
Professor of Physical Therapy (primary appointment)  
Division Director of Research in Physical Therapy  
Professor of Orthopaedic Surgery  
PHD Washington Univ in St. Louis 1994  
BS University of Missouri 1979  
MS Washington Univ in St. Louis 1985  

Courses  
Visit online course listings to view semester offerings for M02 PhysTher (https://courses.wustl.edu/CourseInfo.aspx?sch=M&dept=M02).  

M02 PhysTher 5001 Independent Study  
Independent research work under supervision of a faculty member in the Program in Physical Therapy. Prerequisite: junior or senior standing and permission of faculty. Petition forms are available from Dr. Clark. Credit variable, maximum 6 units.
M02 PhysTher 601 Diagnosis and Evidence Analysis in PT Practice I
Includes processes required for effective clinical decision-making such as the use of disablement models, decision trees, diagnostic classification systems, patient interviewing and outcome measures. An introduction to basic research methods and systematic review of the literature. Patient cases will be used to practice clinical decision-making skills. Credit 2 units.

M02 PhysTher 602 Professional Issues and Skills I
An introduction to the profession of physical therapy, the APTA, professional behavior and clinical activities such as documentation and quality improvement. Includes ethics, legal issues and policies that guide professional behavior. Students will learn and practice using principles of patient teaching, negotiation and team building. Students will spend 80 hours at clinical sites. Credit 3 units.

M02 PhysTher 603 Essential Clinical Skills I
Beginning skills for patient management include using systems screening and reliable assessment of impairments including visual appraisal, vital signs, sensation, reflexes, pain, range of motion, muscle strength and infection control. Skill and safety in positioning, draping and managing equipment during patient care activities such as walking and transfers will be developed. Credit 4 units.

M02 PhysTher 604 Cells, Systems and Disease I
The first of a two-semester course, this course focuses on advanced human physiology and pathological mechanisms of disease. Course content emphasizes cellular and organ system physiology, pathological mechanisms of disease, and medical management of pathological conditions. Physicians will discuss medical diagnosis, clinical signs and symptoms, and management of selected diseases. Students will be introduced to pharmacology and to the relevance of clinical laboratory values. Patient case studies will be used to integrate information. Credit 4 units.

M02 PhysTher 605 Neuroscience
Focuses on the study of structures, organization and function of the nervous and muscular systems. Emphasis is on the sensory and motor systems involved in motor control and on basic knowledge required for clinical practice. Credit 3 units.

M02 PhysTher 606 Kinesiology I
An introduction to the analysis of normal human movement activities through the application of mechanical concepts including displacement, velocity, acceleration, force and torque. Emphasizes kinematic and kinetic concepts relevant to human movement and study of the structures involved in movement. Credit 3 units.

M02 PhysTher 610 Cells, Systems and Disease II
A continuation of the first semester. Open only to individuals enrolled in the Physical Therapy program. Credit 4 units.

M02 PhysTher 611 Human Anatomy
Emphasis is on: 1) Musculoskeletal, neural and vascular systems of the extremities, head, neck and trunk; and 2) anatomical features relevant to current physical therapy practice. Lectures are complemented by student-performed dissection of human cadavers, instructor-prepared prostheses and computer-assisted instruction. Open only to individuals enrolled in the Physical Therapy program. Credit 5 units.

M02 PhysTher 612 Diagnosis and Evidence Analysis in PT Practice II
Continuation of research methods from the first semester, including use of statistics and outcome measurements. Students will complete a reliability project and write a paper based on the literature. Cases will permit further practice using decision trees and assigning diagnoses of basic movement-related conditions. Open only to individuals enrolled in the Physical Therapy program. Credit 2 units.

M02 PhysTher 613 Kinesiology II
Emphasizes principles of maturation and motor learning relative to the application of biomechanical principles to the analysis of human movement. Standardized methods of characterizing movement by observation and with the use of technology will be addressed. Topics include developmental, anatomical, electromyographical and physiological elements of kinesiology with regard to individual joints and common functional activities such as gait and transitional movements. Credit 5 units.

M02 PhysTher 614 Diagnosis and Management of Musculoskeletal Conditions in PT I
Students will learn postural assessment and application of Movement Systems Balance. Analysis of functional activities, the essential components and compensatory strategies, will prepare the student to begin to plan interventions for individuals with musculoskeletal problems. Skill in providing interventions of manual exercise, fitness training and functional mobility training will be developed. Cases will provide use of diagnostic systems relevant to musculoskeletal conditions. Credit 5 units.

M02 PhysTher 615 Professional Issues and Skills Development II
Students will be assigned to part-time clinical experiences for 45 hours to allow practice of acquired skills in patient care, documentation and communication. Credit 0.5 units.

M02 PhysTher 621 Exercise Physiology
A study of the responses of various physiological systems to exercise. Includes application and integration of these systems to various diseases and to human performance. Content will be coordinated with Diagnosis and Management of Cardiopulmonary Conditions in Physical Therapy. Open only to individuals enrolled in the Physical Therapy program. Credit 3 units.
M02 PhysTher 622 Diagnosis and Management of Cardiopulmonary Conditions in PT
Students will learn to assess, diagnose and treat movement-related cardiopulmonary conditions. Treatment techniques will include exercise and conditioning, breathing techniques, postural drainage and percussion. Interpretation of laboratory tests and pharmacology will prepare students to work with patients safely. Case studies will prepare students for general practice. **Open only to individuals enrolled in the Physical Therapy program.** Credit 3 units.

M02 PhysTher 623 Orthopaedic Medicine
Physician lectures will provide students with information on surgical and non-surgical procedures and postoperative management of patients with orthopaedic conditions. Physicians will discuss medical diagnosis, clinical signs and symptoms, and management of selected conditions to prepare the student to use this information in Diagnosis and Management of Musculoskeletal Conditions in PT II - III. **Open only to individuals enrolled in the Physical Therapy program.** Credit 2 units.

M02 PhysTher 624 Diagnosis and Management of Musculoskeletal Conditions in PT II
Students will acquire the skills needed to manage and prevent movement-related musculoskeletal problems of the spine and lower quarter. Acute and post-acute care will be addressed. Integration of information from previous and concurrent courses will be stressed with emphasis on screening, examination, analysis of findings, diagnosis, design and implementation of intervention programs for patients with increasingly complex problems. Functional activities across the life span also will be addressed. **Open only to individuals enrolled in the Physical Therapy program.** Credit 3 units.

M02 PhysTher 625 Neurology Medicine
Physician lectures will provide students with information on the medical management of patients with neurological conditions. Physicians will discuss medical diagnosis, clinical signs and symptoms, and management of selected conditions to prepare the student to use this information in Diagnosis and Management of Neuromuscular Conditions in PT I. **Open only to individuals enrolled in the Physical Therapy program.** Credit 2 units.

M02 PhysTher 626 Moderators of Health, Wellness and Rehabilitation
Designed to explore individual attitudes toward health, illness, disability and death. Emphasizes the effect of these attitudes on individual goals, motivation, expectations, interpersonal relationships and exercise adherence. Investigates individual health attitudes, personal values, family interaction, stress management and concepts of wellness. Age-related issues will be addressed. **Open only to individuals enrolled in the Physical Therapy program.** Credit 3 units.

M02 PhysTher 627 Essential Clinical Skills II
Skill in providing interventions including massage and mobilization and the application of thermal, mechanical, hydro and electrotherapeutic modalities will be developed. Students will learn the basic indications for and prescription of adaptive equipment and wheelchairs. **Open only to individuals enrolled in the Physical Therapy program.** Credit 3 units.

M02 PhysTher 628 Case Integration Lab I
Paper, video and live patient cases provided by faculty and students will be completed to provide practice in managing patients with varying movement-related diagnoses of the cardiopulmonary and musculoskeletal systems. **Open only to individuals enrolled in the Physical Therapy program.** Credit 1 unit.

M02 PhysTher 629 Diagnosis and Management of Neuromuscular Conditions in PT I
Students will acquire the skills to examine patients with neuromuscular disorders. Emphasis will be on screening, selecting tests and measures, examination, determining impairments and functional loss, and making a movement system diagnosis. Students will practice examining both adult and pediatric patients. Content related to motor control and motor learning will be integrated into the course. **Open only to individuals enrolled in the Physical Therapy program.** Credit 2 units.

M02 PhysTher 635 Professional Issues and Skill Development III
Focuses on clinical application of compliance and motivation principles. Peer teaching, communication, consultation skills, leadership skills, lobbying legislation, documentation and negotiation in the clinic will be practiced. Students will practice decision making, supervision and delegation. Students will prepare resumes and begin career planning. **Open only to individuals enrolled in the Physical Therapy program.** Credit 3 units.

M02 PhysTher 636 Diagnosis and Management of General Medical Conditions in PT
Students will acquire the skills needed to manage movement-related problems in patients with diabetes, burns, arthritis, wounds, amputation and prosthetics, obesity, oncological problems, incontinence, pain, genetic conditions, osteoporosis, malnutrition, transplants and neonatology. Integration of information from previous and concurrent courses will be stressed with emphasis on screening, examination, analysis of findings, diagnosis, design and implementation of intervention programs for patients with increasingly complex problems. Functional activities across the life span will be addressed. **Open only to individuals enrolled in the Physical Therapy program.** Credit 3 units.

M02 PhysTher 638 Diagnosis and Management of Musculoskeletal Conditions in PT III
Students will acquire the skills needed to manage and prevent movement-related musculoskeletal problems of the spine, neck, elbow, wrist and hand, ankle and foot. Integration of information from previous and concurrent courses will be stressed with emphasis on screening, examination, analysis of findings, diagnosis, design and implementation of intervention programs for acute and post-acute patients with increasingly complex problems. Functional activities across the life span will be addressed.
M02 PhysTher 642 Case Integration Lab II
Students will use paper, computer, video and live patients to integrate information learned across the curriculum. Students will orally present cases they managed during Clinical Experience II. Credit 1 unit.

M02 PhysTher 643 Diagnosis and Management of Neuromuscular Conditions in PT II
Students will build on their skills for examining patients with neuromuscular disorders and diagnosing movement system dysfunction. Additional skills acquired will be designing and implementing intervention plans to address impairments and functional loss in patients of all ages. To aid in selecting appropriate interventions, students will consider patient prognosis. Students will learn to prescribe wheelchairs and orthotics, fabricate splints, apply kinesiotape, and use a variety of medical equipment. Motor control and motor learning principles will be integrated into the course. Open only to individuals enrolled in the Physical Therapy program. Credit 4 units.

M02 PhysTher 650 Diagnosis and Evidence Analysis in PT Practice III
Students will prepare written case reports based on patients seen during their clinical experiences. Students will defend use of diagnostic classifications and integrate the literature to support their case. Students will practice selecting appropriate outcome measures, designing clinical research questions, and use data to make decisions about individual and group treatment. Credit 3 units.

M02 PhysTher 651 Organizational and Management Issues
Dynamics of organizations and departments will be discussed using case examples. Focuses on the knowledge and skills needed by physical therapists early in their careers. Principles of administration and management that enable the physical therapist to supervise supportive personnel, to understand fiscal issues including reimbursement, and to recommend staffing schedules and patterns will be addressed. Students will learn marketing and public relations strategies. Credit 3 units.

M02 PhysTher 652 Alternative Settings and Practice Environments
Physical therapy practice in work and community settings will be addressed with an emphasis on ergonomics and group treatment. Special PT tests and the interpretation of other tests will be integrated into cases. Students will be introduced to care for the patient with vestibular problems, care in the ER, and an update in genetics/genomics. Alternative medicine and alternative PT practice will be studied. Students will explore recreational options for disabled populations. Credit 3 units.

M02 PhysTher 653 Health Fitness and Prevention
Emphasis will be on critiquing and designing fitness and wellness programs for well and special populations. Programs will focus on those for employee fitness, diabetes, arthritis, obesity and the elderly. Students will participate in and evaluate group treatments and recreational exercise. Use of exercise equipment will be addressed. Credit 3 units.

M02 PhysTher 654 Case Integration Lab III
A variety of teaching methods, including rounds format, assessment centers and student presentations will enable students to integrate information from across the curriculum to complete complex case studies. Emphasis will be on pharmacology, other tests, moderators, establishing time frames and setting priorities for care. Age-related issues will be addressed. Credit 3 units.

M02 PhysTher 655 Professional Issues and Skill Development IV
Focus will be on the professional skills students need to function in entry-level practice in a variety of settings. Students will study licensure, and will participate in lobbying and a mock House of Delegates. Skills in serving as an expert witness, a leader, a peer instructor and in clinical instruction will be developed. Students will be expected to participate in a service project and activities of the American Physical Therapy Association. Cultural and race issues will be actively explored. Credit 4 units.

M02 PhysTher 659 Professional Issues and Skill Development V
A 10-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes development of professional behaviors. Credit 5 units.

M02 PhysTher 691A Clinical Experience I
An eight-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes development of professional behaviors. Off-campus. Credit 4 units.

M02 PhysTher 691 Clinical Experience I
An eight-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes development of professional behaviors. Credit 4 units.

M02 PhysTher 692 Clinical Experience II
An eight-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes development of professional behaviors. Credit 4 units.

M02 PhysTher 692A Clinical Experience II
An eight-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes development of professional behaviors. Credit 4 units.

M02 PhysTher 693 Clinical Experience III
A 10-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes the development of professional behaviors. Credit 5 units.
M02 PhysTher 693A Clinical Experience III
A 10-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes the development of professional behaviors. Open only to individuals enrolled in the Physical Therapy program. Off-campus.
Credit 5 units.

M02 PhysTher 694 Clinical Experience IV
A 12-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes the development of professional behaviors.
Credit 6 units.

M02 PhysTher 694A Clinical Experience IV
A 12-week, full-time clinical experience supervised by clinical faculty. Allows the student to practice evaluation and treatment skills acquired in the classroom and laboratory. Also emphasizes the development of professional behaviors. Open only to individuals enrolled in the Physical Therapy program. Off-campus.
Credit 6 units.