

# BSIS: Foundations of Counseling Psychology and Behavioral Health

**The Bachelor of Science in Integrated Studies: Foundations of Counseling Psychology and Behavioral Health** is designed for adult learners who are looking for applied study experience in order to pursue careers in social work or counseling or to fill related roles in healthcare. The program's courses introduce students to clinical psychology, counseling, and social work and provide the tools students need to understand research and its application to future practice. Elective courses allow students to explore areas of interest that correspond with local need. For example, students who wish to work with the growing population of older adults might take Developmental Psychology, Social Gerontology, and Psychology of Aging.

**Note:** Completion of this program does not make students eligible for any professional licensure status.

Contact: CAPS Student Success Navigators  
 Phone: 314-935-6700  
 Email: caps@wustl.edu  
 Website: <https://caps.wustl.edu/programs/undergraduate-programs/bachelor-of-science-in-integrated-studies-degree-programs/bsis-foundations-of-counseling-psychology-and-behavioral-health/>

## Degree Requirements

All School of Continuing & Professional Studies undergraduate students must satisfy the same general-education requirements.

Students in BSIS programs must complete a certificate, tailoring their degree to their educational and professional goals. Students in BSIS programs must also complete a Community Engagement course. A designated course in the Foundations of Counseling Psychology and Behavioral Health program will fulfill this requirement.

Requirements specific to the field of study include the following:

**Required courses:** 12 units

Code	Title	Units
Psych 100	Introduction to Psychology	3
Psych 300	Introductory Psychological Statistics	3
Psych 3015	Research Methods	3
	Capstone (new course coming soon!)	3
<b>Total Units</b>		<b>12</b>

**Required Foundational Area courses:** 9 units

Choose from the following:

Code	Title	Units
Psych 315	Introduction to Social Psychology	3
Psych 322	Developmental Psychology	3
Psych 3401	Biological Psychology	3
Psych 353	Psychology of Personality	3
Psych 359	Cognitive Psychology	3
Psych 365	Learning and Memory	3

**Elective courses:** 9 units

Students may choose to specialize in an area based on their future occupational interests. Students with interest in specializing should select three courses from one content area. Students interested in a broader experience may select any combination of three courses from the following electives:

### Behavioral Health Content Area

Code	Title	Units
Psych 1050	Introduction to Applied Behavior Analysis (new course coming soon!)	3
SOC 1200	Introduction to Social Work	3
Psych 330	Perspectives on Counseling	3
Psych 358	Health Psychology	3
Psych 488	Addiction and Treatment	3

### Clinical Psychology Content Area

Code	Title	Units
Psych 330	Perspectives on Counseling	3
Psych 368	Introduction to Psychopathology and Clinical Psychology	3

### Lifespan Content Area

Code	Title	Units
Psych 308	Social Gerontology	3
Psych 322	Developmental Psychology	3
Psych 325	Psychology of Adolescence	3
Psych 3261	Psychology of Aging	3